Welcome

to

Atlas Post Acute

AT WOODBURY COUNTRY CLUB

CERTIFIED CARE
SKILLED NURSING FACILITY HEART FAILURE
AMERICAN HEART ASSOCIATION

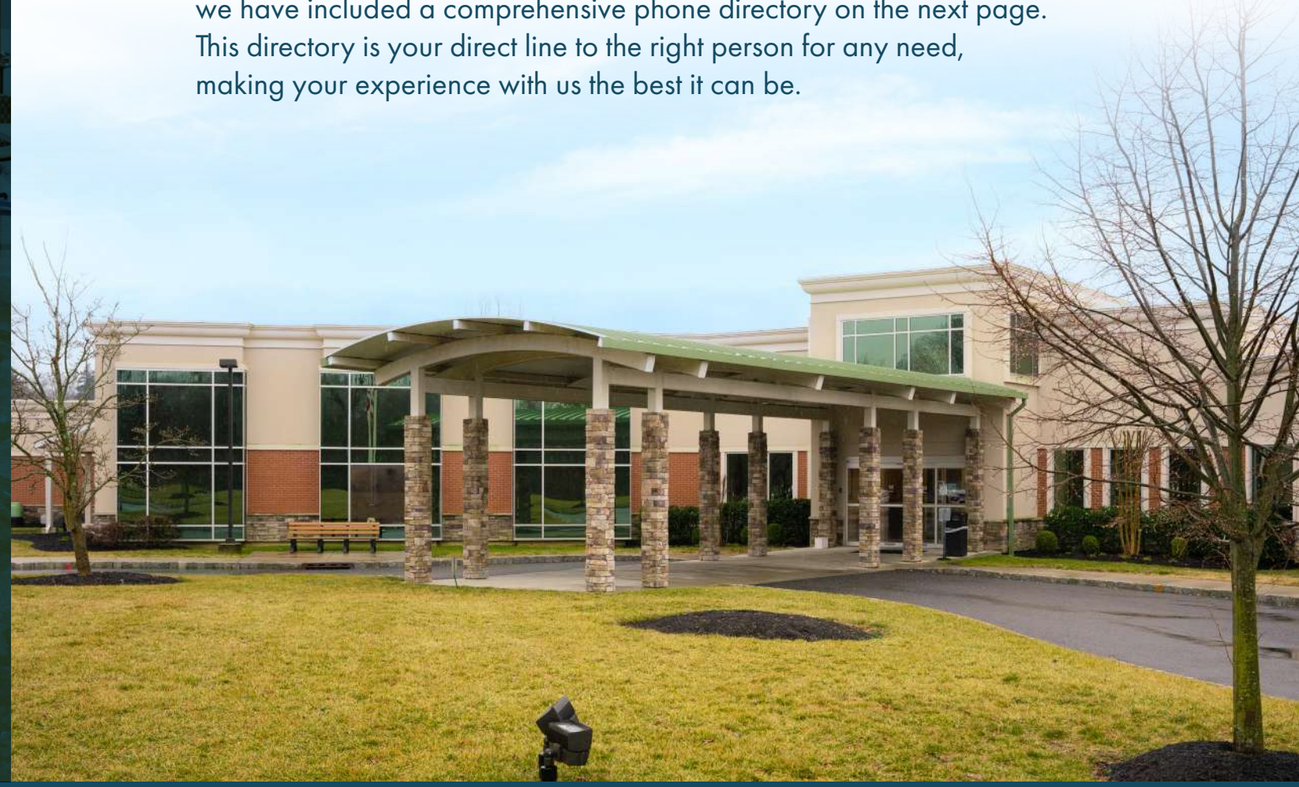
Thank you for choosing

Atlas
Post Acute
AT WOODBURY COUNTRY CLUB

as the next step in your healthcare journey.

We are not just a care facility, but a team committed to providing you with the highest quality of care. Our goal is to minimize your stress and maximize positive outcomes.

Our staff is always ready to assist you or your loved ones with any questions or concerns during your stay. To ensure your convenience, we have included a comprehensive phone directory on the next page. This directory is your direct line to the right person for any need, making your experience with us the best it can be.



Phone Extension Directory

Front Desk	300
Administrator	315
Assistant Administrator	310
Director of Nursing	335
Director of Rehabilitation	318
Admissions Director	314
Admissions Coordinator	307
Concierge Director	349
Concierge	325
Social Services (Unit 100)	336
Social Services (Unit 200)	336
Activities Director	309
Kitchen	350
Food Services Director	321
Nursing Unit 100 Clerk	304/ 305
Nursing Unit 200 Clerk	301/ 302
Housekeeping	337
Maintenance	322

Dialing from your room phone:

For **Internal calls**, dial the three-digit extension above.

For **External calls**, dial "8" followed by the phone # you are trying to reach.

What to Expect During Your Stay

The following is an overview of the services we provide to our patients.

ADMISSIONS

Our admissions office is open Monday through Friday from 9 AM to 5 PM. For your convenience, we are also available 24/7 to assist with any needs after hours. Once you are settled in your room, an Admissions Coordinator will come see you to complete all the necessary paperwork.

Please have your insurance cards, and any other pertinent information available.

If you are admitted outside of office hours, we will schedule a time for an Admission Coordinator to see you.

PHARMACY

Our pharmacy services are provided by a contracted, licensed pharmacy named **Specialty Rx**. They will receive a list of your medications, which will be delivered directly to our facility soon after your admission.

Unless otherwise noted by your care team, you do not need to bring your own medications; we will provide you with everything you need during your stay.

ACTIVITIES

We offer a full-service activities program seven days a week. It includes large groups, small groups, religious activities, and individual activities. A monthly calendar is distributed throughout the building and enclosed in our monthly Newsletter.

We offer evening activities such as Movie Night, Casino Party, Prize Bingo, and Musical Entertainment two nights a week. Visitors are also welcome to join. A member of our Activities Staff will see you shortly after your arrival. All patients are welcome to join in our wide variety of social activities.

Please note that participation is not mandatory, and if you prefer to read, do crosswords, or watch TV in the privacy of your room, please let us know. Please refer to the TV channel listing included in your welcome packet.

If you have any questions or comments, please contact the Activities Team at ext. 309.

DISCHARGE PLANNING

Soon after admission, you will receive notification of your initial care plan meeting. A care plan meeting is you and your loved ones' opportunity to meet with the Interdisciplinary Team and review your goals and discharge plan.

Our Social Services team will work with you to ensure that your discharge plan meets your goals and aligns with the recommendations from your primary physician and team.

Discharge time is between 9:00 am and 11:00 am on your designated discharge date. We will do our best to assist you with planning. If alternative accommodations are needed, we can help you find a long-term care placement in an assisted living facility, or you can choose to remain at our facility with private pay options.

SOCIAL SERVICES

Our dedicated social workers are committed to being your reliable advocates and proficient discharge planners, ensuring a comprehensive approach to your care. They work tirelessly to address all your needs, coordinating every essential service and resource to support your recovery journey. From arranging necessary equipment and home care services to connecting you with community resources and providing emotional support, our social workers are here to make your transition from our facility as smooth and seamless as possible. Their goal is to ensure you have everything you need for a successful and stress-free discharge, empowering you to continue your recovery with confidence and peace of mind.Should you need assistance or have any questions, please don't hesitate to reach out to our Social Services Offices at the following extensions:

Unit 100 x 336

Unit 200 x 336

PRIVATE PAY STAY

If you choose to stay with us, we do offer a private pay option at a daily rate of $500, which includes room, board, meals, activities, and laundry services. Therapy services are available at an additional cost.

THERAPY

Our therapy department offers numerous offerings across various disciplines, including Speech, Physical, Occupational, and Hydrotherapy. Our treatment focuses on functional outcomes with the goal of discharge to home as safely and as soon as possible.

Our Specialized Rehabilitative Care Includes:

- Post-Operative Care
- Physical, Occupational & Speech Therapies
- Aqua Therapy Pool
- Orthopedic Care
- Cardiac Care
- Pulmonary Care
- Stroke Recovery
- Wound Care
- Pain Management
- Nutritional & Dietary Support
- Short-Term Respite

WIFI

Network: SpringHillsGuest
Password (Case sensitive): Spr1ngH1lls

TV & PHONE

We provide all television and phone services at no additional charge.

PERSONAL VALUABLES

We encourage you to leave all valuables at home or with your loved ones. If you need to retain your cash or valuables, we will provide you with a secure area in your room during your stay. Please return your key before discharge. In the event where a key has been lost there will be a charge of $10.

We are diligent about maintaining a safe environment, but if you choose to keep control of your valuables, please note that we are not responsible for any loss or theft.

DINING ROOM SERVICE

Patients can enjoy room service by ordering through Meal Service at ext. 351 during the meal times listed below. Our Dining Services Department offers a full restaurant-style menu that includes healthy choices and daily chef specials.

Please note that meals are prepared fresh upon patient order and may require up to thirty minutes for delivery, depending on modifications and dietary restrictions.

BREAKFAST —— **7:30am - 9:00am**

LUNCH —— **11:30am - 1:30pm**

DINNER —— **4:30pm - 6:30pm**

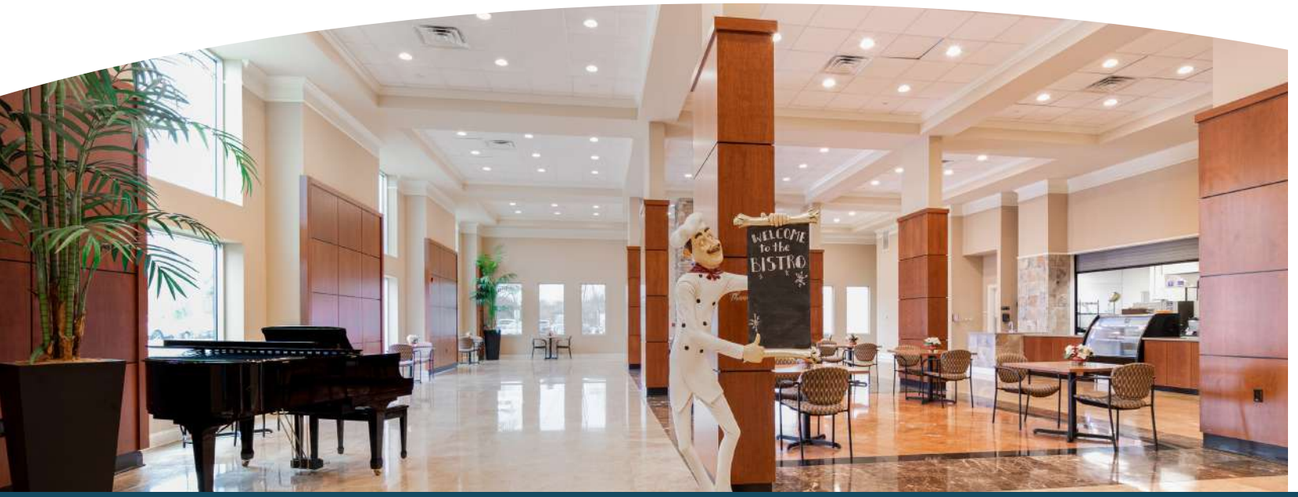
THE BISTRO AT WOODBURY

Alternatively, patients are welcome to visit our Bistro during the dining times stated above. The Bistro offers light fare in a comfortable, cafe-style dining room.

Visitors are also welcome to order from the Bistro menu. Meals are $5.00 and are available through the Front Desk during designated meal times.

Outside of meal times we offer healthy snack options, the staff can obtain them for you. Additional healthy snacks are available in the grab-and-go areas at the Nursing Units. Each patient room has a refrigerator where you can store personal snacks for your convenience.

Our Registered Dietitian is available to assist with all nutritional needs. Let the concierge or nurse know if you would like to speak to the Registered Dietitian.



LAUNDRY

We provide complimentary laundry services for general items, ensuring that our residents have clean and fresh essentials. However, for personal clothing and delicate items, we recommend that family members and loved ones take responsibility. This helps to ensure that these special items are cared for according to individual preferences and needs.

MAINTENANCE

Our maintenance staff is available to assist if there are any issues with your accommodations or the functioning of your adaptive equipment or television. Maintenance can be reached at ext. 322.

The administration and staff of Woodbury Post Acute strive for excellence and are always open to your suggestions for improving our service.

Please relay any suggestions or concerns to our concierge, leadership team, or other staff member.

SERVICES WE PROVIDE

24/7 NURSING CARE

- Cardiac Management
- Diabetes Management
- Cancer Management
- Respiratory Therapy
- Neuro-Muscular Care
- Stroke Management
- Post-Surgical Rehab
- Orthopedic Rehab
- Wound Care
- Pain Management
- Analgesic Pumps
- Respiratory Care
- Life Vests
- Palliative & Hospice Care
- TPN's / IV Antibiotics
- IV Hydration Management
- IV Meds (Lasix, Mag, Venofer)
- PICC / Midline Insertion & Maintenance
- Tracheostomy Care
- Surgical Drain Management
- Ventricular Assist Device
- Inotropic Drip
- G-Tube, J-Tube, Dobhoff
- Renal Management
- Nutrition Management
- 24 Hr. Emergency Alert & Response System
- Respite Care
- Attending Physicians & Nurse Practitioners Onsite up to 7 Days a Week
- Onsite Medical Director on Call 24/7
- Psychiatry / Psychology
- Physiatry
- Audiology / Dental / Podiatry / Ophthalmology
- Labs: routine and STAT
- Imaging: X-Rays and Ultrasound routine & STAT
- Echocardiogram
- EKG in house
- Bladder Ultrasound in house

SHORT-TERM REHAB UNIT

- Physical, Occupational & Speech Therapy 7 Days a Week in our Spacious Therapy Gym
- State-of-the-Art Equipment
- Aqua Therapy Pool
- Innovative Therapy Program
- Daily Physician Rounds

Short-Term Beds AVAILABLE TODAY!

AMENITIES

- Luxurious Country Club Setting
- All Private Rooms
- Concierge Department
- Upscale Dining & Bistro
- Common Lounge Areas for Family & Friends
- Complimentary WiFi
- Free Onsite Laundry Services
- Movie Theatre
- Hair Salon on Premises
- Social, Educational & Recreational Activities
- Most Insurances Accepted

24/7 ADMISSIONS including Holidays

BEST NURSING HOMES U.S.News SHORT-TERM REHABILITATION 2024

American Heart Association. Certified Care™ Skilled Nursing Facility Heart Failure

Welcome

to Atlas Post Acute at Woodbury Country Club, where luxury meets rehabilitation.

CONCIERGE PROGRAM

Tailored to ensure your utmost comfort and satisfation throughout your subacute rehab journey.

What is the
CONCIERGE PROGRAM?

Our concierge program is designed to provide personalized assistance and support to all our patients.

From coordinating appointments to fulfilling special requests, our dedicated team is here to make your stay as seamless and enjoyable as possible.

Why Choose
ATLAS POST ACUTE?

Luxury Amenities
Experience top-notch amenities & accommodations in a serene and picturesque setting.

Expert Care
Our team of skilled professionals is dedicated to providing the highest quality of care and support.

Peace of Mind
Rest easy knowing that your needs are our top priority, and we're here to assist you every step of the way.

SERVICES OFFERED

Appointment Scheduling
We handle all your medical appointments and therapy sessions, so you can focus on your recovery.

Personalized Assistance
Whether you need assistance with laundry, transportation, or special dietary requirements, we've got you covered.

Entertainment Arrangements
Enjoy access to a variety of entertainment options, including movies, games, and social activities.

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Atlas
Post Acute
AT WOODBURY COUNTRY CLUB

We're Proud to Share an Important Milestone!

Our Heart Failure Care IS NOW CERTIFIED by the American Heart Association

American Heart Association®
Certified Care™
Skilled Nursing Facility Heart Failure

This underscores our dedication to delivering specialized cardiac care, enhancing the lives of residents coping with heart failure.

We Care!

If there is anything we can do to make your experience a better one, call our...

Rapid Response Line

800.573.1704

Atlas has developed a Rapid Response service to ensure quick and efficient assistance. As the name suggests, this service is designed to address any issues or requests you may have with urgency. To utilize this service, simply call the provided number and leave a detailed message outlining your concern or request. Our team is dedicated to resolving matters promptly, so you can expect a swift response to ensure your needs are met as quickly as possible.

Feel free to call us with your compliments, concerns,or feedback.

Please leave a message and someone will get back to you within 24 hours.

Atlas Post Acute

AT WOODBURY COUNTRY CLUB

467 Cooper Street

Woodbury, NJ 08096

P: (856) 345-1200

F: (856) 345-1201

WoodburyPAC.com

BEST NURSING HOMES U.S.News & WORLD REPORT SHORT-TERM REHABILITATION 2024

American Heart Association. Certified Care™ Skilled Nursing Facility Heart Failure